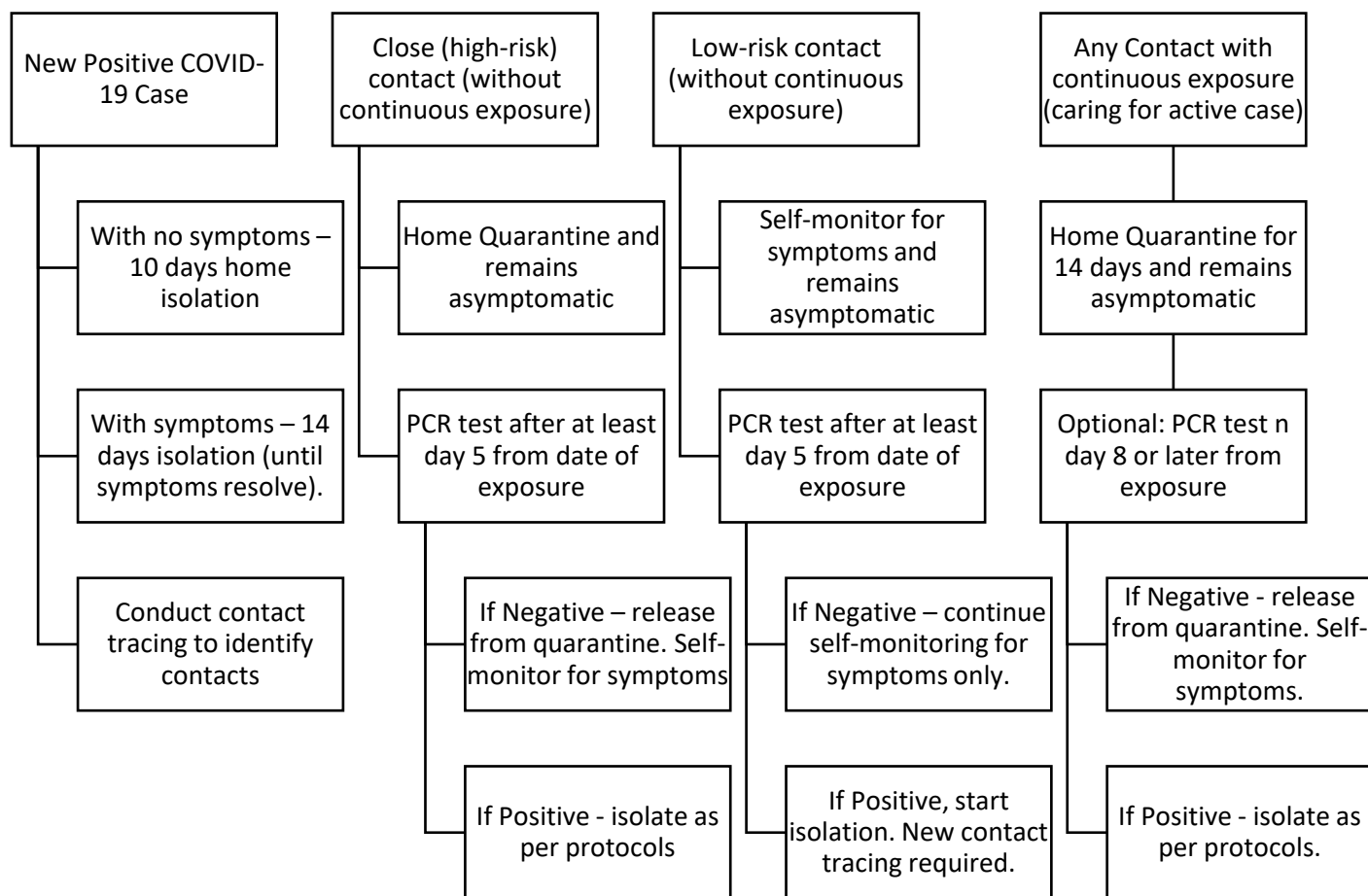


Updated Guidance for Public Health Management of COVID-19 Cases and Contacts

Ministry of Health; Interim Guidance; September 2021;



Notes:

- Identification and management of cases and contacts at workplaces must be done by the workplace COVID-19 focal person/health and safety officer/Human Resource officer, in coordination with surveillance team of the Public Health Authority.
- Where a contact (low- or high-risk) develops symptoms, they must attend the fever clinic at the soonest, or should they be unable to, they should self-isolate for an additional 14 days from date of onset of symptoms.
- People diagnosed with COVID-19, who are still symptomatic at day 14 of isolation (and therefore still potentially infectious), should extend their isolation by an additional 7 days. Infectiousness past day 21 is very unlikely, even if certain symptoms persist.
- Exit quarantine/isolation certificates will be issued by the Disease Surveillance and Response Unit (DSRU), upon completion of the period of quarantine and/or isolation (DSRU@health.gov.sc).
- All COVID-19 positive cases under isolation should self-monitor for 'red-flag' symptoms – chest pain, shortness of breath, persistent and worsening high fever (over 39°C) and/or severe cough. Where they note these symptoms, they should call their regional health centre and/or 141 Hotline for linkage with a regional clinic doctor for remote (phone) assessment and further care as indicated.
- Always inform DSRU if the COVID-19 positive person has previously tested positive at any point in the past – it affects interpretation of certain COVID-19 tests.
- For travel quarantine/testing, refer to the latest version of the Seychelles Health Entry Conditions in-effect, available at www.health.gov.sc.

Guidance may be updated based on the local and global epidemic situation, response capacity and other factors.